

MENU

blue lotus cafe
breakfast + lunch
menu

MENU

Breakfast

Served from 8:30am until 11:15am

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<i>White or rye toast</i>	<i>6.00</i>
<i>Toasted organic bagel</i>	<i>7.00</i>
<i>GF toast</i>	<i>8.50</i>
<i>Croissant</i>	<i>7.00</i>
<i>all served with preserves</i>	
<i>Fruit nut toast with maple butter</i>	<i>7.00</i>

Big Breakfast 21.50

Free range eggs, mushrooms, cherry tomatoes, chorizo, basil pesto, bacon, pork belly, hash brown, with ciabatta toast

Vegetarian Breakfast 21.50

Two free range eggs, smokey BBQ corn on the cob, zucchini, mushrooms, cherry tomatoes, asparagus, baby spinach, avocado, labneh, served with ciabatta toast

Omelette

Ham, Swiss cheese, tomatoes and baby spinach served with ciabatta 17.00
or

Baby spinach and smoked salmon served with ciabatta 18.50

Eggs with Toast 12.50

Two eggs, fried, poached or scrambled, served with ciabatta toast

Eggs Benedict 18.50

Toasted organic bagel, ham, baby spinach, poached free range eggs, grilled asparagus and homemade hollandaise

Salmon Benedict 20.50

Toasted organic bagel, sliced smoked salmon, baby spinach, poached free range eggs, grilled asparagus, and homemade hollandaise

• 10% surcharge applies all public holidays

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Bacon Benedict 20.50

Toasted organic bagel, bacon, baby spinach, poached free range eggs, grilled asparagus and homemade hollandaise

Nice and Lite 17.50

Two poached eggs, smoked salmon, raw spinach, warm roast pumpkin, Danish fetta, quinoa, roast cherry tomatoes, avocado and raw pepita

Pancakes 16.50

Served with lemon curd, blueberry compote & whipped cream

Toasted Blueberry Bagel 12.50

Blueberry bagel, with caramelised poached pear, citrus cream cheese and blueberry compote

JUST FOR KIDS

Kids pancake 10.00

One pancake, maple syrup and whipped cream

Kids eggs on toast 8.50

One free range egg, one piece of ciabatta toast

EXTRAS

<i>Maple butter</i>	<i>2.00</i>	<i>Spinach with lemon</i>	<i>3.00</i>
<i>Homemade hollandaise</i>	<i>2.50</i>	<i>Danish fetta</i>	<i>3.00</i>
<i>Gluten free bread add</i>	<i>2.50</i>	<i>Asparagus</i>	<i>3.50</i>
<i>Basil pesto</i>	<i>3.00</i>	<i>Mushrooms</i>	<i>4.00</i>
<i>Smoky bbq corn on the cob</i>	<i>3.00</i>	<i>Avocado half with lemon</i>	<i>4.00</i>
<i>Labneh - Hung Greek yoghurt</i>		<i>Bacon</i>	<i>4.00</i>
<i>with herbs and lemon</i>	<i>3.00</i>	<i>Chorizo</i>	<i>4.00</i>
<i>Grilled cherry tomatoes</i>	<i>3.00</i>	<i>Smoked salmon with lemon</i>	<i>4.00</i>
<i>Hash browns</i>	<i>3.00</i>	<i>Pork belly</i>	<i>4.00</i>

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Lunch

Served from 11:30am until 2:00pm weekdays
until 2:30pm weekends

...

Soup of the Day 12.50
Served with ciabatta toast

B.L.T Bagel 16.00
Bacon, baby spinach, tomato and aioli on a toasted organic bagel, served with a garden salad and balsamic dressing

Chicken Burger 19.50
Free range chicken breast - marinated in garlic, parsley, canola oil and lemon zest, tomato, baby spinach, swiss cheese, aioli, on a toasted focaccia burger bun. Served with chips

Beef Burger 19.50
180g Angle Bay beef burger, sliced tomato, baby spinach, swiss cheese, aioli, caramelised red onion and smokey BBQ sauce in a toasted foccacia bun. Served with chips

Steak Burger 21.50
150g sirloin steak, tomatoes, baby spinach, Swiss cheese, aioli, caramelised red onion and BBQ sauce on a foccacia bun. Served with chips

Grilled Chicken Beetroot Goats Curd Salad (GF) 21.50
Quinoa, cherry tomatoes, marinated red peppers, pepita, lemon onlive oil and baby spinach

Calamari Salad 19.00
Crisp calamari, served on a bed of mixed lettuce, mixed salad vegetables, bean shoots, cherry tomatoes and sweet soy dressing. Served with aioli

Smoked Salmon Salad (GF) 21.50
Smoked salmon, avocado, mixed lettuce, mixed salad vegetables and cherry tomatoes with grilled halloumi with balsamic dressing

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...

Garden Salad (GF) 10.50

Mixed lettuce, mixed salad vegetables, cherry tomatoes and balsamic dressing

Pumpkin and Leek Quiche 16.50

Served with garden salad and balsamic dressing

Toastie 12.50

Your choice of ham, Swiss cheese and tomatoes, toasted on white or rye bread. Served with garden salad and balsamic dressing

Croissant 8.50

Your choice of ham, Swiss cheese and tomatoes, oven baked until golden

Organic Gourmet Roll 14.50

Free range chicken breast, baby spinach, sundried tomatoes, brie, avocado and aioli. Served toasted or fresh with garden salad and balsamic dressing

or

Roast pumpkin, Persian feta, leek, baby spinach, red peppers, hummus and aioli. Served toasted or fresh with garden salad and balsamic dressing

Little Chips 4.50

Served with tomato sauce

Bigger Chips 7.50

Served with tomato sauce and aioli

JUST FOR KIDS

Grilled Chicken with chips and salad 10.00

Grilled chicken breast pieces, chips and garden salad served with balsamic dressing

Mini Chicken Burger 10.00

Grilled chicken breast pieces, tomato, Swiss cheese, baby spinach and aioli in a mini burger bun. Served with chips

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Drinks

Espresso	3.00
Short Macchiato	3.50
Long Black	3.80
Flat White, Cappuccino, Café Latte	3.90
Hot Chocolate	4.00
Long Macchiato	4.30
Mocha	4.30
Chai Latte	4.20
Extra shot, soy, decaf	0.50
Mug	1.00

We use only the finest and freshest ESSENZA coffee beans, roasted daily by master roaster Mena Samios in Mt Lawley.

ELMSTOCK TEA | POT FOR ONE 4.00

English breakfast, earl grey, green, chamomile, peppermint, rooibos, chai

ICED DRINKS 6.00

Iced Coffee, Iced Chocolate, Iced Mocha with cream + ice cream

MILKSHAKES 5.50

*Vanilla, Chocolate, Strawberry, Banana, Caramel, Spearmint
(blended with ice cream)*

SMOOTHIES 8.50

Flavours change seasonally - please see our blackboard for today's flavours

COLD DRINKS

Still Water	2.90
Teza Organic Iced Tea	4.50
Noah's Creative Juices	4.50
Margaret River Drinks	4.50

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Open from 8:30AM – 4:00PM

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LIMITED LUNCH MENU

Served From 2:00pm - 2:30pm Weekdays

Served From 2:30pm - 3:00pm Weekends

Croissant 7.00

Served with preserves

Toastie 12.50

Your choice of ham, Swiss cheese and tomatoes, toasted on white or rye bread. Served with garden salad and balsamic dressing

Organic Gourmet Roll 14.50

*Free range chicken breast, baby spinach, sundried tomatoes, brie, avocado and aioli. Served toasted or fresh with garden salad and balsamic dressing
or*

Roast pumpkin, Persian feta, leek, baby spinach, red peppers, hummus and aioli. Served toasted or fresh with garden salad and balsamic dressing

Soup of the Day 12.50

Served with ciabatta toast

Calamari Salad 19.00

Crisp calamari, served on a bed of mixed lettuce, mixed salad vegetables, bean shoots, cherry tomatoes and sweet soy dressing. Served with aioli

Pumpkin and Leek Quiche 16.50

Served with garden salad and balsamic dressing

Little Chips 4.50

Served with tomato sauce

Bigger Chips 7.50

Served with tomato sauce and aioli

Garden Salad (GF) 10.50

Mixed lettuce, mixed salad vegetables, cherry tomatoes and balsamic dressing

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